



What to expect from an ASD assessment

Your checklist: Please keep to hand



Getting started

1. Your GP makes a referral for you to be assessed for ASD.
2. We will get in touch to help you get registered.
3. You will need to log into our secure portal.



Pre-assessment forms

1. Find the links to your pre-assessment forms on your portal.
2. You need to complete and return these within six weeks via the portal.
3. We will book your appointment with the next available consultant.



Getting ready for your assessment

1. We will send you a link to join your assessment online.
2. Please have your photo ID ready.
3. You can attend alone, or with a friend/family member with your consent.



What happens next?

1. We may need to meet with you again if we need further information.
2. Once we have reached a diagnosis, we will write to your GP.
3. We will talk to you about treatment options.