

## NATIONAL ADHD MEDICATION SHORTAGE

*Updated 30 May 2024*

We are still experiencing some disruptions in the supply of ADHD medications nationally. NHS England issued a National Patient Safety Alert in October 2023 which highlighted supply disruptions for the following medications:

### Methylphenidate:

- Equasym XL® 10, 20 and 30 mg capsules
- Concerta XL® 18mg prolonged-release tablets
- Xaggitin XL® 18 and 36 mg prolonged-release tablets
- Xenidate XL® 27 mg prolonged-release tablets

### Lisdexamfetamine:

- Elvanse® 20, 30, 40, 50, 60 and 70 mg capsules
- Elvanse® Adult 30, 50, and 70 mg capsules

### Guanfacine:

- Intuniv® 1, 2, 3 and 4 mg prolonged-release tablets

**Please scroll down to the table below to see the current national supply status of these medications.**

Given the range of the medications affected by the disruption, it would not be possible to attempt to re-titrate patients on the few remaining alternatives, and the supply of these medicines are also likely to be affected as a direct consequence.

Patients should be reassured that stopping and restarting stimulant medications abruptly is medically safe to do, but ADHD symptoms will return.

If you are in shared care with your GP and Psychiatry-UK, please approach your GP in the first instance. Your GP can then inform us if they require us to support the shared care agreement. If you are receiving prescriptions from PUK, please approach your prescriber directly.

The current national supply information is as follows:

*\*\*\* Please note that the anticipated re-supply dates listed are approximate and subject to change. We will update this information regularly. \*\*\**

Lisdexamfetamine (Elvanse/Elvanse Adult)*	30mg, 50mg, 70mg – good stock available. Limited stock available for all other strengths.
Affenid XL Concerta XL Delmosart MR Xaggitin XL Xenidate XL Equasym XL	Some strengths are out of stock. Available strengths are very low in stock, and supplies are intermittent.
Medikinet XL Meflynate XL	Stocks remain limited but stable currently.
Guanfacine MR (Intuniv) (not licensed in adults)	Supplies are stable.

**\* Lisdexamfetamine and Atomoxetine**

Supplies of lisdexamfetamine and atomoxetine continue to improve, and we are therefore starting new titrations with these medications, in accordance with patients' places on the titration waiting list. If you are waiting to start titration with lisdexamfetamine or atomoxetine, we will contact you as soon as you reach the top of the waiting list. Thank you for your patience and understanding.