

What to expect from your ASD assessment



The ASD assessments at Psychiatry UK take place **via a video link** and they will be performed by either a Consultant Psychiatrist on their own, or a Consultant Psychiatrist accompanied by a Co-Worker. You will be notified ahead of your appointment who will be doing your assessment.



Before the assessment, your assessor(s) will review your forms to ensure that they are familiar with your difficulties.



At the start of the assessment, they will ask you to show **photo ID**.



Please note that assessments are recorded to assist in accurate record keeping to help complete the Initial Assessment Report and inform patients' medical records.



Please be aware that observation forms part of the assessment. It is therefore essential to keep your camera on for the duration of the assessment. You should be in a sitting position and the camera should capture your face and upper body.

During the consultation, your assessor(s) will ask you questions, including details about your past. For some people, past events can be upsetting to talk about. If there is anything your assessor(s) ask **that you are not comfortable answering, please say so.**

However, we would like you to be aware that some information is essential to understand your difficulties and formulate the outcome. Similarly, if there is anything you discussed with the assessor(s) that you would not like to be included in the report, please inform them, and they will endeavour to take your wishes into account, if possible and appropriate.

However, please be aware that if there is anything you disclose to the assessor(s) during the consultation which raises concerns about safety to yourself or other people, the Consultant has a responsibility to share that information with other professionals/agencies which can support you and manage the risk.



ASD assessment process summary



Initial video assessment



Follow-up (if needed)



Assessment outcome



Letter sent to your GP



Letter review (if needed)

The initial online consultation with the assessor(s) will take place via video link (you will be sent a link prior to the assessment) and will last approximately 50 mins. If more information is required for the diagnosis, a further meeting will take place with either yourself, an informant, or both.

The assessor(s) may be able to conclude the outcome of the assessment at the end of the meeting or may need time to reflect on the findings, discuss the case with colleagues or ask for further information (as mentioned above).

After the assessment, our assessor(s) will write a letter to your GP, as any other doctor would do. A copy of the letter will be uploaded to your MedQare portal notes for your information.

Once you have read your letter, please feel free to let us know if you would like any amendments made to it. However, please be aware that some of the factual information in the report cannot be removed unless it is erroneous, nor can the opinion of your assessor(s) be amended. You will have access to a copy of this letter.

Thank you for reading this information.