



What to expect from your private ASD assessment

Before the assessment

If you are seeking an Autism Spectrum Disorder (ASD) assessment with Psychiatry UK, you will be required to fill in and return the following forms at least 3 working days prior to the assessment date:

- ASD Self-Report Questionnaire
- ASD Informant Report Questionnaire
- AQ10

The ASD Informant Report must be completed by someone who has known you since childhood (before the age of 12). If this is not possible, please ask the person who knows you the best and has known you for the longest period of time (friend, relative, support worker). This information is crucial for an accurate assessment outcome.

Without significant childhood information, it may be more difficult to provide you with an outcome/diagnosis from your assessment appointment. If you do not have a suitable informant, please let us know.

If you are able to access and send school reports, and details of previous psychiatric/psychological assessments, these are also helpful for the assessment.

Your assessor(s) will review your questionnaire forms before your assessment to ensure they are familiar with your difficulties. The length of time you need to spend with the assessor(s) will depend on the quantity and quality of information in your reports, so please ensure that the information you provide is both thorough and relevant.

Please be aware that, if additional time is needed to complete the assessment due to insufficient information provided, you will be charged extra.



If forms are not completed within 3 working days prior to the assessment, your assessment will be cancelled, and you will be charged 100% of the fee.



The assessment

Your assessment will take place via a video link and you can use a mobile phone, tablet or desktop computer.

At the start of the assessment, you will be asked to show photo ID. This is an essential requirement for online consultations.

Please note that assessments are recorded to assist in accurate record keeping to help complete the Initial Assessment Report and inform patients' medical records.



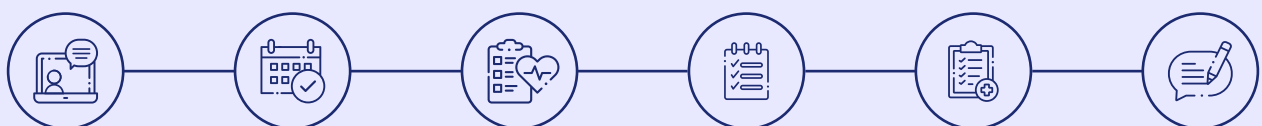
Please be aware that observation forms part of the assessment. It is therefore essential to keep your camera on for the duration of the assessment. You should be in a sitting position and the camera should capture your face and upper body.

During the consultation, your assessor(s) will ask you questions, including details about your past. For some people, past events can be upsetting to talk about. If there is anything your assessor(s) ask that you are not comfortable answering, please say so.

However, we would like you to be aware that some information is essential to understand your difficulties and formulate the outcome. Similarly, if there is anything you discussed with the assessor(s) that you would not like to be included in the report, please inform them, and they will endeavour to take your wishes into account, if possible and appropriate.

However, please be aware that if there is anything you disclose to the assessor(s) during the assessment which raises concerns about safety to yourself or other people, the Consultant has a responsibility to share that information with other professionals/agencies which can support you and manage the risk.

Private ASD assessment process summary



Initial video assessment

Follow-up (if needed)

Additional tests (if needed)

Assessment outcome

Letter sent to your GP

Letter review (if needed)



The initial online consultation with the assessor(s) will take place via video link (you will be sent a link prior to the assessment) and will last approximately 50 mins. If more information is required for the diagnosis, a further meeting will take place with either yourself, an informant, or both. The assessor(s) may be able to conclude the outcome of the assessment at the end of the meeting or may need time to reflect on the findings, discuss the case with colleagues or ask for further information (as mentioned above).



Any further meetings and tests will attract additional fees which the assessing consultant will discuss, if relevant, at the end of the first consultation.

After the consultation, our assessor(s) will write a letter to your GP, as any other doctor would do. A copy of the letter will be uploaded to your MedQare portal notes for your information.

Once you have read your letter, please feel free to let us know if you would like any amendments made to it. However, please be aware that some of the factual information in the report cannot be removed unless it is erroneous, nor can the opinion of your assessor(s) be amended. You will have access to a copy of this letter.

Thank you for reading this information.