

[Additional guidance for Referrers;](#)

Psychiatry-UK works within a clear risk assessment framework and risk identification criteria. Please refer to the guidance below to assist all decisions of whether it is appropriate to make a referral to us:

Intentional or Unintentional Self Harm If known intent, attempts or acts taken within the past 12 weeks, we are not able to accept a referral. **Please instead refer to appropriate local mental health services.**

Risk From Others If known or suspected risks of harm to the patient from others are present, we are unable to accept a referral. **Please instead refer to appropriate local social support or safeguarding services.**

Risk To Others If known or suspected risks of physical harm to others are present, we are unable to accept a referral. **Please instead refer to appropriate local social support or safeguarding services.**

Survival If known recent or ongoing significant adverse life events or longstanding difficulties in managing basic activities of daily living, we may not be a suitable service to accept a referral. **Please ensure you detail what these presenting factors are so we can make an informed decision about the appropriateness of a referral.**

Psychological If known, complex presentation, severe and enduring mental illness, unmanaged symptoms or persistent disengagement from services is evident, we are unable to accept a referral. **Please instead refer to appropriate local mental health services.**

Please detail disabling or distressing problems with thinking, feeling or behaviour so we can make an informed decision about the appropriateness of a referral.

Social If known inability to engage with an online service, e.g: due to lack of access to appropriate digital devices or lack of reliable internet access, we are unable to accept a referral. **Please instead refer to a more suitable local or non-digital service provider.**

Please ensure you detail severity of problems with social activities or in relationships with other people so we can make an informed decision about the appropriateness of a referral.

Substance/Alcohol misuse If known harmful use of one or more substances (drug or alcohol), enduring addiction with likely or possible treatment resistance we are unable to accept a referral. **Please instead refer to appropriate local mental health &/or substance use or addictions services.**



If you decide to make a referral, please provide appropriate details regarding presenting risks to self or others, interpersonal communication and relationship difficulties, levels of self-neglect, unsafe behaviours or difficulty maintaining a safe environment and severity of problems with thinking, feeling or behaviour. This will allow us to make an informed decision about the appropriateness of a referral.

Many thanks,
The PUK Team.