

How to keep your controlled medication safe

1

Lock it up

Store your medication in a cupboard that only you can open.

2

Just for you

Take your medication only as it's prescribed for you. Don't share it with others.

3

Follow the dose

Stick to the daily dose your doctor prescribed.

4

Travel tips

If you need to take your medication with you, only bring what you need and keep it safe.

5

Report loss

If you lose your medication, tell the police and your prescriber. Lost medication might not be replaced.

6

Follow the rules

There are strict rules for controlled drugs. Report any loss or misuse to the police and your healthcare team.

Keep your medication safe to ensure it works properly and to comply with legal requirements. If you have any questions, reach out to your prescriber.