

# To refer a patient into our service

## Step 1 – Check patient suitability

Before making a referral, please ensure the patient is clinically and technically suitable for **online assessment**.

See our [Online Suitability Guidance](#).



## Step 2 – Prepare the referral

Please include the following:

- \* **A brief covering letter** outlining:
  - \* That the referral is made under the Right to Choose pathway
  - \* Clinical concerns, history and relevant interventions
- \* The patient's **mobile number and email address**.
- \* The patient's **medical summary**.

Referrals must be sent by a GP, ANP or ANC. Patient self-referrals cannot be accepted.



## Step 3 – Email all documents to:

[RTC-Referrals@psychiatry-uk.com](mailto:RTC-Referrals@psychiatry-uk.com)