

To refer a patient into our service

Step 1 – Check patient suitability

Before making a referral, please ensure the patient is clinically and technically suitable for **online assessment**.

See our [Online Suitability Guidance](#).

Step 2 – Prepare the referral

Please include the following information:

- * Our **completed referral form** (available on our [Right to Choose \(For GPs\)](#) page, clearly stating that you (the GP/ ANP/ANC) wish to refer the patient to Psychiatry UK for an **ADHD and/or ASD assessment under Right to Choose legislation**.
- * A summary of **clinical concerns, relevant history and any previous interventions**
- * The patient's **mobile number and email address**.
- * The patient's **medical summary**.

Please note: Referrals must be sent by a GP, ANP or ANC. We are unable to accept patient self-referrals.

Step 3 – Submit the referral via eRS:

For guidance please see:

[Referring a patient - NHS e-Referral Service - NHS England Digital](#)