

Private ADHD Medication Treatment

Your Guide to Treatment Costs



12-week programme



What's included



What's not included



Optional extras

12-Week Medication Titration Programme £750

Our 12-week titration programme is designed to support you safely as you begin ADHD medication and work towards finding the dose that works best for you.

Important information to consider before starting treatment

- **The cost of the medication** recommended in your treatment plan, or prescribed during a Shared Care Agreement, **is not included in our 12-week programme.**
- **People respond differently to medication.** Some patients may find that they are not well suited to medication or do not experience the expected benefits.
- At the end of your treatment, we will write to your GP to **request a Shared Care agreement.** If your GP is unable to take over prescribing, we can continue to prescribe privately, **but you will be required to pay for both the cost of your prescription and the medication** on an ongoing basis.

What's included in your 12-week programme



Personalised Treatment Plan

You'll have a dedicated prescriber who supports you throughout titration, helping to identify the right medication and dose for your needs, lifestyle and wellbeing, with adjustments made as you progress.

What's included (continued)



Issuing of Prescriptions

Your programme includes issuing all prescriptions during titration.

Please note: Medication is paid for separately at the pharmacy of your choice.

Pharmacy prices vary, so we recommend contacting a few pharmacies to compare costs.



Fortnightly Monitoring

Your prescriber will review your progress every two weeks via our secure **MedQare patient portal**.

These check-ins include:

- Monitoring your blood pressure, pulse and weight readings
- Reviewing changes in symptoms and any side effects
- Adjusting your medication or dose where appropriate
- Issuing any additional prescriptions needed during titration



End of Titration Review

A video appointment with your specialist prescriber to review your progress, discuss how you're feeling, and ensure your medication and dose are appropriate and effective.



End of Titration Letter

Once you reach a stable, effective dose, we will write to your GP with a full treatment summary and request a **Shared Care Agreement**.

What's NOT included



Cost of Your Medication

The cost of medication itself is **not included** in your treatment programme.

We will provide you with a prescription that you can take to any pharmacy. Medication prices vary depending on the type of medication, dose and the pharmacy itself, so we recommend comparing prices at a few pharmacies to find the most cost-effective option.

If you prefer, you may choose to have your prescription fulfilled by our partner pharmacy. Please ask your prescriber for further details.

What's NOT included (*continued*)



Shared Care

We will contact your GP to ask whether they can take over your ongoing prescriptions.

If Shared Care is accepted:

- You will receive future prescriptions from your GP and pay your usual NHS prescription charge.
- Your GP is required to check your blood pressure, pulse and weight every **six months**.
- We will invite you to attend an **annual medication review** with Psychiatry UK.

If Shared Care is declined:

We can continue prescribing privately

Cost £25 per prescription

This fee covers the issuing of the prescription only. **Medication costs are separate** and payable directly to your chosen pharmacy.



Annual Review - £180 (30 mins)

Whether your Shared Care is provided by your GP or continued with our service, you will need to have an Annual Review. This review ensures that your treatment remains safe and effective long-term, and allows us to monitor for any potential side effects or changes in your overall health.

An Annual Review is a requirement for your GP to continue prescribing under Shared Care, and is in keeping with best practice as set out in NICE guidance, which states:

“A healthcare professional with training and expertise in managing ADHD should review ADHD medication at least once a year, and discuss with the person with ADHD (and their families and carers as appropriate) whether medication should be continued.”

We will contact you directly to arrange an appointment. However, if you feel you need a review sooner, please get in touch via our Live Chat or call our customer support team on **0330 124 1980** (Mon-Fri, 8am-6pm).

Optional Extras



Additional Follow-Up Appointment - £180 (30 mins)

If you would like additional support after your assessment or during titration, you are welcome to book a follow-up appointment with your consultant.

Optional Extras (*continued*)



Titration Extension Package - £200 (4 weeks)

In some cases, the standard 12-week titration period may not be sufficient to fully optimise your medication. This additional 4-week extension allows your prescriber to continue careful monitoring and dose adjustment where clinically appropriate.

Your prescriber will discuss this with you and only recommend an extension where it is clinically justified. Participation is optional and based on your individual treatment needs.

We're here to support you throughout. If you're ever unsure, just reach out to your prescriber or a member of our customer support team by creating a note on your portal.